

**FEBRUARY 2010
LUNCH
Calendar**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
*Chicken with Rice *Crackers *Fruit *Milk	*Red Chile Cheese Enchiladas *Garnishes *Beans *Rice *Fruit *Milk	*Spaghetti with Meat Sauce *Mash Potatoes *Tossed Salad *Fresh Fruit *Wheat Bread *Milk	*Vegetable Soup *Sandwich *Fruit *Milk	*Chicken Pot Pie *Salad *Fruit *Milk
8	9	10	11	12
*Tuna Salad *Macaroni with Italian dressing *Bread *Fruit *Milk	*Grilled Cheese Sandwiches *Soup *Fruit *Milk	*Beef Stew with Vegetables *Corn Bread *Fruit *Milk	*Shepherd's Pie *Salad *Bread *Fruit *Milk	*Lasagna *Salad *Garlic Bread *Fruit *Milk
15	16	17	18	19
*Chopped Steak Mashed Potatoes *Tossed Salad *Fresh Fruit *Bread *Milk	*Baked Chicken *Vegetables *Wheat Bread *Fruit *Juice	*Nacho Supreme *Fruit *Juice	*Salisbury Steak *Mashed Potatoes *Tossed Salad *Fruit *Milk	*Tostados with Beef & Beans *Garnishes *Vegetables *Fruit *Milk
22	23	24	25	26
*Beef Tacos *Salsa-Garnishes *Rice *Fruit *Milk	*Egg Salad Sandwiches *Chips *Fruit *Milk	*Sloppy Joes *Tossed Salad *Fruit *Fresh Fruit *Juice	*Frito Pie *Fruit *Milk	*Green Chile Chicken Enchiladas *Beans *Rice *Fruit *Milk