



Caring For Our Community With Care And Respect *Cuidado • Cariño • Comunidad*

A Quarterly Newsletter

Fall 2008

What's Inside:

Meet the People

Get to know the Cornucopia board and staff members.

Page 2

Civitan Club

Get the scoop on the Cornucopia Civitan Club.

Page 3

Calendar of Events

Check out what's coming up at Cornucopia.

Page 5

Holiday Sale

Help Cornucopia and spread a little holiday cheer by purchasing your poinsettias and other holiday items now. Check out all the details in our Friend Raising Corner.

Page 4



Message from the CEO

As I write the first article, for the first ever newsletter of *Cornucopia*, I want to share with you the events over the last fiscal year. It has been an incredible journey of creating and building upon the infrastructure of an agency, which has much to offer to its community. As we move forward, I am proud to say, within the last year we have seen a 22% increase in revenue. As we all know, with growth comes growing pains; such as finding the right staff to fit with the mission of our organization. Clearly it is not an easy job working with some of the most vulnerable population, yet it is extremely rewarding. I encourage staff to operate from a position of fulfilling our mission: *Offer a safe, reputable and growth-oriented environment,*

where our clients may maximize their potential in a community-based setting. As we begin the start of another fiscal year, we have many successes to celebrate: 3 new vans, and a capital grant, to name just a few. However, there is more to accomplish and we still need many more resources in which to continue to build. Please join our *Cornucopia* family in helping to be the best resource for the elderly, frail and adults with developmental disabilities. It is and will continue to be a journey truly rewarding for all who are committed.

With Warmest Wishes,
Michelle Bishop-Couch
MPA | CEO
michelle@cornucopia-ads.org

After 17 years as a volunteer at *Cornucopia Adult Day Services, Inc.*, I have seen the many changes throughout the many years. As we build the agency, we build the board of directors. Like myself, many of the volunteers stay involved in one way or another. For those of us who are still involved, it is a "calling" in which we continue to serve those who are frail, elderly or who have a disability. I am sure that *Cornucopia* has made a difference in the lives of many who have come through the doors. Our mission is simple as is the origin of our agency.

In 1983 it was a forward thinking group of individuals from the south valley that realized they needed support for the many roles and responsibilities they were handed. As they were not only responsible for raising their children, they were also responsible for caring for their elders and/or family members who had a disability; hence, the conception and implementation of *Cornucopia*. It is a commonplace phrase "the sandwich generation", how insightful these few were, to see a need within the community that would not only need addressing, but which would also continue to grow as our population grew older.

To the many in which we have served, I say thank you. To the many in which we will serve, I say welcome!

President of the Board of Directors
Dan Shapiro

Board of Directors

Dan Shapiro, JD, MD
PRESIDENT

Gordon Reiselt, JD
SECRETARY

Melissa R. Santistevan, CPA
TREASURER

If you're interested in serving as a member of our board, please contact Michelle Bishop-Couch at 877-1310 or michelle@cornucopia-ads.org.

MEMBERS

Susan Lucero
Michele M. Mullen, AIA
Gloria Orona
Juanita Sanchez
Curt Schuyler

Staff Members

Michelle Bishop-Couch, MPA
CEO

Janet Ortiz
Assistant Cook

Jennifer Alderete
DSP

Susan Lawton, MSW
Program Manager

Rochelle Tarkington
DSP/Lead

Yvonne Aragon
DSP

Gwen Dunaj
Finance Director

Sunny Corchado
DSP/Lead

Debra Johnson
DSP

Marie Alarcon
Service Coordinator

Sara Parsons
Receptionist/Activities Coordinator

Marcella Martinez
Sr. Volunteer

Linda Sedillo
HR/Executive Assistant

Ruth Alvarado
DSP

Darlene Pacheco
Sr. Volunteer

Josie Romero
Cook

Berlinda Dominguez
DSP

Cornucopia

Caring for our Community with Care and Respect



Members of Cornucopia's Civitan Club

Members of Cornucopia's Civitan Club have been focusing the meetings on the importance of service to others, a primary aspect of Civitan's guiding principles. Club members have been involved in making gifts for people residing in nursing homes, as well as for children in shelters. In addition to these efforts to assist others, club members have been enjoying sing-alongs and karaoke, where a lot of previously unrecognized musical talent has been



Induction of Cornucopia Civitan Officers

Civitan Membership

As a participant of *Cornucopia*, we offer free membership to the Civitan club. Civitans are everyday citizens, just like you and me, who come together in communities throughout the world to make life better for their neighbors. Family, friends, neighbors and co-workers meet at a local Civitan club, like *Cornucopia Adult Day Services*, to socialize, learn and serve in their communities.

Cornucopia's Civitan Club meets every Wednesday afternoon. The board members and advisors to the club have

been focusing the meetings on the

importance of service to others, a primary aspect of Civitan's guiding principles. Club members have been involved in making gifts for people residing in nursing homes, as well as for children in shelters. In addition to these efforts to assist others, club members have been enjoying sing-alongs and karaoke, where a lot of previously unrecognized musical talent has been discovered! Upcoming will be the selection of a new president elect, as the current president's term ends in September. As always, we appreciate the energy, assistance and insights from Civitan advisors Curt Schuyler, Carol Kline and Judy Milholland.



Helen (Secretary) and Carol Kline

Website

Want to see what's happening at Cornucopia? Don't forget to check us out on line at www.cornucopia-ads.org. We have a whole new look. Log on for additional updates and information about Cornucopia Adult Day Services.

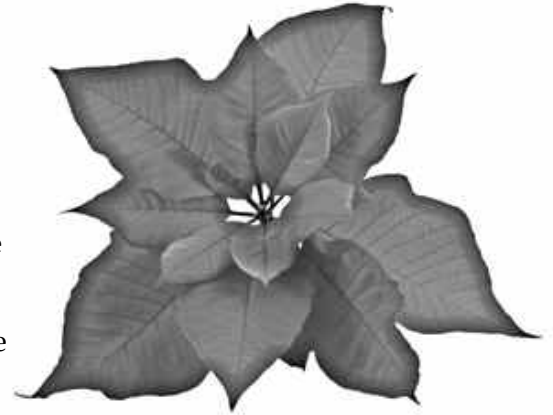
Cornucopia

Friend Raising Corner

Holiday SALE

Poinsettias ♦ Christmas Cactus ♦ Luminarias

It's that time of year again, and we are offering holiday poinsettias, Christmas cactus and luminarias for sale. For your convenience, we've included an order form in this newsletter with this year's available selections. Please fill out the enclosed form and fax to 873-7323 to place your order. Spread a little holiday cheer while helping *Cornucopia*.



Can You Help?

We are looking for the following items for Cornucopia and our clients. If you can donate an item from the Wish List, please contact us at 877-1310.



Wish List

- ▶ Computers and Speakers
- ▶ Mailboxes for the Clients
- ▶ DVD and VRC Players
- ▶ Age Appropriate Videos and DVD's
- ▶ Arts and Crafts Supplies and Books, for Adults
- ▶ Computer Games
- ▶ Wii Games (Possible suggestions - Mario Kart and Shout About Movies)
- ▶ Karaoke Songs (Oldies and Country)
- ▶ Small Containers with Lids for Toothbrushes and Toothpaste



United Way of Central New Mexico is in full swing! *Cornucopia* receives emergency assistance through support from the community fund. Ask your employer today about your company campaign.

Remember 100% of your donation goes to the charity of your choice!

The participants of *Cornucopia* say:

"What would we do without *Cornucopia*?"

We say:

"What would we do without you?!"



Activities Calendar

November 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. Weights & Blood Pressures ADVOCACY Goals & Objectives Dollar Store \$6.00 1:00-2:30pm	4. Quilt Class 10:30-11:30am Goals & Objectives Furr's Buffet \$9.00 11:30-2:00pm Gym & Library 1:00-2:00pm	5. In House Movie Kmart 10:00-11:30 \$10.00 Civitan w/ crafts 1:00-2:00pm Goals & Objectives	6. Quilt Class 10:00-11:30am Long John Silver's & Old Town \$4-\$9.00 10:00-2:00p Gym & Library 1:00-2:00pm Goals & Objectives	7. Holy Family Dance 10:00-11:30 Client's Choice Goals & Objectives *Casual Friday* Wear Your Cornucopia Tshirts
10. Tingley Train Ride \$2.00 w/ lunch at Tingley Beach 10:00-2:00 Wii Tournament Goals & Objectives	11. CLOSED Veteran's Day	12. Bean Bag Tournament Dollar Tree \$6.00 10:00-11:00am Civitan w/ Guest Speaker 1:00-2:00 Goals & Objectives	13. Quilt Class 10:00-11:30am Gym & Library 1:00-2:00pm Pizza Hut \$9.26 w/ drink. \$6.99 w/ water. 11-1:30pm Goals & Objectives	14. Del Taco 10:00-1:00 \$6.00 Barelas Dance 1:00-2:30 \$2.50 Goals & Objectives *Casual Friday* Wear Your Cornucopia Tshirts
17. Cottonwood Mall & Golden Corral 10:00-2:00 \$10.00 Bowling & Subway \$7 10-2pm Goals & Objectives	18. Quilt Class 10:00am-11:30am Zoo & Lunch 10:00-2:00pm Gym & Library 1:00-2:00pm Goals & Objectives	19. Nutrition Class Thanksgiving Theme 10:30-11:30 Civitan w/ Fun Activity 1:00-2:00 Sing Along 2:00-3:00pm Goals & Objectives	20. Quilt Class 10:00-11:30 ^a Gym & Library 1:00-2:00 Bowling \$2.00 10:00-12:30pm Goals & Objectives	21. Holy Family Dance 10:00-11:30 Church's Chicken 11:00-2:00 \$6.00 *Casual Friday* Wear Your Cornucopia Tshirts
24. Walmart & McDonalds \$10.00 10:00am-2:00pm Karaoke Goals & Objectives	25. Quilt Class 10:00am-11:30am Bowling & Subway \$7.00 10:00-2:00pm Goals & Objectives	26. In House Movie Civitan Business Meeting 1:00-2:00 Senior Lunch @ Hyatt (60+) Client's Choice Birthday Celebration!	27. CLOSED Thanksgiving	28. CLOSED for the Thanksgiving Holiday.

Cornucopia 2008 Donors

Adelante Development Center, Inc.	Darlene Pacheco	HELP NM
Amanda Duncan	Debe Ruiloba	James Chavez
Anita Cole	Debra Johnson	Jan Holland Hickey
Anita Williams-Kelly	Dee Hutson	Janet Ortiz
Anthony & Cynthia Gurule	Dennis Armijo	Jennie Taylor
Applebee's	Diane Peterson	Jennifer Alderete
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Atrisco Oil & Gas LLC	Dottie Hilland	Jessie Thomason
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Buyer Brokers of NM	Eugene Padilla	Kathleen Trujillo
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Critical Networking	Gordon Reiselt, JD	Marcella Silver
Curt Schuyler	Gwen Dunaj	
D.D. Butterfield		
Dan Shapiro, JD, MD		

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NM Mutual Casualty Company	Theresa Esparza
NM Orthopedics	Theresa Valenzuela
NM VA Administration	United Way
Northwest Medical	Western Assurance
Precision Janitorial Service	Whitney Buchanan
Quality Dealerships	Yvette Aragon
Roberta A. Ortega	Zia Hospice
Rochelle Tarkington	
Ruth Alvarado	
San Jose Parrish	
Sandia National Laboratories	
Sandy Mendoza-Monje	
Sandy Sylvestor	
Sangre De Cristo Church	

Cornucopia thanks each of you for your support. We appreciate your generosity. If we missed your name or donation, please accept our regrets and let us know for future reference.

Cornucopia prides itself on being the only community-based inclusion agency in the Albuquerque South Valley. We offer community and individualized settings for our clients to meet their individual needs.

Adult Day Habilitation provides socialization and interaction with others to reduce isolation and improve functional ability. Case Management entails identifying and assessing the full needs of our clients.

Our mission is to offer a safe, reputable and growth-oriented environment, where our clients may maximize their potential in a community-based setting.

Over the past year, we have continued to coordinate the goals of each of our participants with our program activities to enhance the experience of our clients as well as what is required by state regulations. *Cornucopia* staff members have been involved in trainings to keep up to date on the needs of individuals, as well as, mandated courses.

Vision

To be a cornerstone of the community and to prolong the independence of our clients and prevent their institutionalization

“Trust the care of your loved ones to the caring and compassionate people at *Cornucopia*.”



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www.cornucopia-ads.org